



"The Duke of Edinburgh's International Award is the world's leading achievement award for young people, bringing together practical experiences and life skills to create committed global citizens and equipping young people for life."

The Duke of Edinburgh's International Award Foundation

The Award has three levels, Bronze, Silver and Gold, which get progressively more challenging. Each level is comprised of four sections: Service, Skill, Physical Recreation and Adventurous Journey and includes a Residential Project at Gold level.







SKILL



PHYSICAL RECREATION



ADVENTUROUS JOURNEY



The Bermuda Bridge Award aims to introduce 12 and 13 year olds to the benefits of the International Award Programme. The programme provides a pro-active measure to help curb anti-social behaviours and engages participants deemed at-risk in a positive programme that helps to develop important soft skills.



Members of the Bridge Group participants from Whitney Institute.

Pictured left are the all-girls group, Unique Stars, who started the Bridge Award Levels 1 and 2 in 2013/4 and all progressed into the International Award and achieved various Levels.

BRONZE - Brianna Simmons, K'ari Bean, Dejanae Iris, Imani Paynter, Kasia Burgess-Bean and Shantori Fox.

SILVER - Brianna Simmons, K'ari Bean, Dejanae Iris and Imani Paynter

GOLD - K'ari Bean - Dual holder & Gold Participant

GOLD TRI-HOLDER - Brianna Simmons (Bronze, Silver & Gold)

Participating in the Award increases fitness levels, cultivates a sense of adventure and requires participants work together as a team.



Community Service

Award participants provide volunteer services to nearly every type of non-profit organisation across the island which creates tremendous impact and provides a valuable service to many in our community.



The Service section of the award gives participants an understanding of the value of giving service to others and their community. By volunteering on a regular basis over a long period of time, participants are more likely to develop a lifelong commitment to voluntary service and community involvement.

"Involvement with the Award taught me that giving to the community builds reputation and connections with myself and others. As I mature into adulthood, I plan to give back to the community in a way that brings everyone close and helps build character in each individual."

Hans-Peter R. - Gold Awardee



Participants provide more than 10,000 volunteer hours per year!





"I believe the Award is an awesome practical experience for students to collaborate and problem solve. I also like getting to know the students in a different capacity outside of teaching in the classroom."

Award Leader Volunteer





International Award Facts

- 90% of participants said the Award provided opportunities to help others;
- 82% of participants wanted to continue to volunteer after they completed the Award;
- 74% of participants said they developed selfesteem;
- 64% of participants said they are better at doing physical activity; and
- 74% of participants said they tried activities they would never have tried before.

BEST, SEST & GEST TRAINING

Participants from across the island come together to learn and improve important skills such as team-building and leadership training, first aid and emergency procedures, route planning, navigation, rucksack packing, and camp craft including cooking. These skills are then put into practice on the adventurous journey when participants are completely self-reliant.



BRONZE AWARD - 6 Months





"On my DofE trip, I had one of the best experiences of my life. I got the opportunity to work with real great people and by the end we created a special bond with one another. Not every trip is perfect and we faced our fair share of problems, but we were able to overcome them as a group."

Ben Osset - Bronze



SILVER AWARD 12 Months (6 months if a Bronze holder)



"The Award programme allows me to get involved in our community and be involved in activities I wouldn't normally do."

> Megan S. Award Participant

"My experience with the Award has been a great opportunity for me to be part of a group and expand on my leadership skills."

Luke Pimentel -Silver Award Participant

Pictured above -Berkeley students taking part in their Silver Adventurous Journey on horseback

GOLD AWARD 18 Months (12 Months if a Silver holder)



This year's Gold participants will be traveling to Zambia for their Adventurous Journey and will engage in two Residential Projects one in the rural community and the other in the city of Lusaka, Zambia.

Pictured middle left and below - CASC Gold Group, the Golden Girls, in Trinidad and Tobago, 2016





The International Award's seven proven areas of impact:

- Improved employability and earning potential
- Improved physical health and fitness
- Improved mental health and emotional wellbeing
- Increased engagement with charitable and community causes
- Improved environmental impact
- Increased social cohesion
- Reduced offending

The Award's Impact



"I completed the Bronze, Silver and Gold Awards and achieved success in getting scholarships and university acceptances due to my participation in the Award. I am constantly encouraging my peers and fellow young people to participate in the Award to its fullest extent. I try to motivate those participating to not give up, to not back down. I encourage them to push themselves, to test themselves and to ultimately, amaze themselves."

> Kevin Minors (pictured left) Tri-holder Alumnae (Bronze, Silver & Gold)

Pictured below , Gold Group in Zambia, 2017

