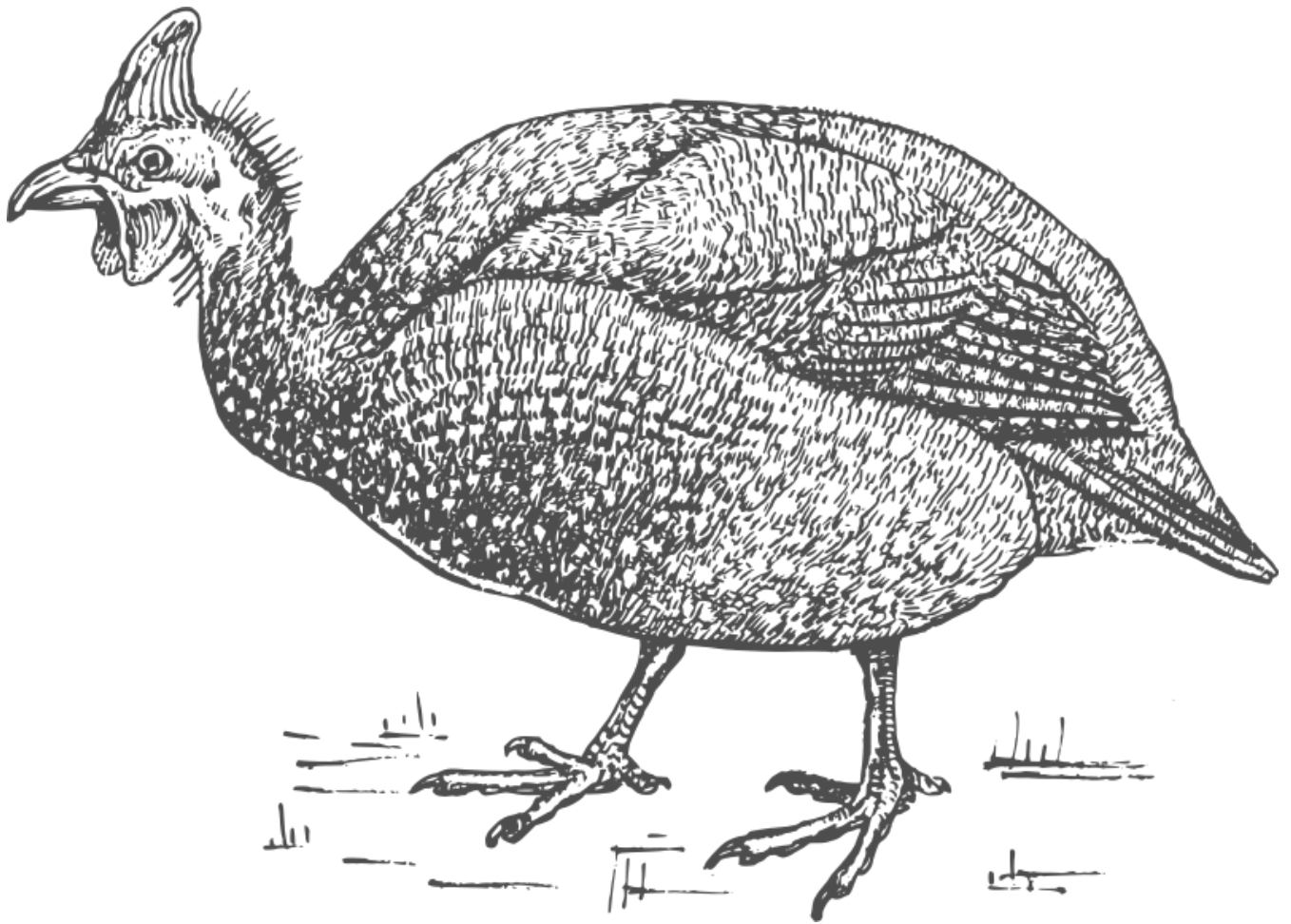


THE FATTENED FOWL

NOODSBERG COUNTRY CLUB



WELCOME TO THE FATTENED FOWL

FROM FARM TO TABLE



We are honoured to have
you as our guest.
We hope that you enjoy your
dining experience with us.
Bon Appétit!

Allergen statement -

These menu items may contain or come into contact with
wheat, eggs, nuts, dairy and seafood.
Please advise us on your food allergies.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

BREAKFASTS

Choose from the following options of bread: white, brown, rye or sourdough.

LIGHT BREAKFAST R70

Crispy bacon, two fried or scrambled eggs, sautéed tomato and onion, served with toast.

FULL BREAKFAST R90

Crispy bacon, two fried or scrambled eggs, one pork sausage, sautéed tomato, onion and mushrooms, served with toast and chips.

VEGETARIAN BREAKFAST R90

Potato rosti topped with grilled halloumi cheese, two poached eggs, balsamic roasted tomato, sautéed mushrooms and a dollop of herb cream cheese, served with toast.

HANGOVER BREKKIE R110

Crispy bacon, two fried or scrambled eggs, one pork sausage, rump steak strips topped with mushroom sauce, sautéed tomato and crispy onions, served with toast.

DAGWOOD R100

Beef hamburger patty topped with tomato chilli jam, crispy bacon, one fried egg, sautéed onion and melted cheddar cheese, toasted with your bread of choice and served with chips.

OMELETTES

FATTENED FOWL FAVOURITE R100

Three egg creamy omelette filled with crispy bacon, cheddar cheese and sautéed tomato, onion and mushrooms, served with toast.

SMOKED SALMON R110

Three egg creamy omelette filled with smoked salmon, sliced avocado, herb cream cheese and fresh basil, served with toast.

VEGETARIAN R100

Three egg creamy omelette filled with cheddar cheese, tomato, sautéed mushrooms, sprinkled with parmesan cheese shavings, served with toast.

TOASTED TREATS

Choose from the following options of bread: white, brown, rye or sourdough. Served with chips or sweet potato chips.

Jalapeno and parmesan crusted toasted sandwich filled with crispy bacon and cheddar cheese. R90

Ham, cheddar cheese, tomato and a smear of mustard toasted sandwich. R70

Barbecue roast chicken mayonnaise toasted sandwich. R80

Seared fillet steak, cheddar cheese, caramelised onion and tomato chilli jam toasted sandwich. R80

Potato chips, cheddar cheese and curry gravy toasted sandwich. R70

Crispy bacon, fried egg and caramelised onion toasted sandwich. R70

Chicken tikka toasted sandwich. R70

Cheddar, mozzarella and emmenthal cheese toasted sandwich. R80





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

LIGHT MEALS

Served with chips or sweet potato chips and a seasonal salad.

STEAK, EGG AND CHIPS R140

200g rump steak topped with a fried egg, served with crispy onion rings.

CHICKEN WINGS R140

Six chicken wings, grilled or deep-fried, served with a spicy mayonnaise.

POT PIES R120

Classic pot pie filled with beef curry.
Classic pot pie filled with spicy chicken, feta cheese and spinach.

SPICY CALAMARI R110

Deep-fried peri-peri calamari rings, served with tartar sauce.

BARBECUE RIBS R110

300g barbecue marinated pork ribs.

PREGO STEAK PANINI R100

Grilled prego steak medallions and sautéed onions on a toasted panini.

HAKE R120

Grilled or deep-fried hake, served with tartar sauce.

OPEN SANDWICHES

Choose from the following options of bread: rye, sourdough or panini.

Served with chips or sweet potato chips, topped with seasonal salad.

SEARED BEEF R100

Seared spicy fillet steak strips, caramelised onion, tomato chilli jam and emmenthal cheese, drizzled with herb mayonnaise and topped with fresh rocket.

ROAST CHICKEN R100

Classic roast chicken, sliced avocado, feta cheese and peppadews, drizzled with herb mayonnaise and a dollop of basil pesto.

CAMEMBERT CHEESE R100

Crispy bacon, deep-fried camembert cheese, avocado chunks, cranberries and a smear of fig jam, topped with fresh rocket.

SMOKED SALMON R100

Smoked salmon, grilled halloumi cheese, sliced avocado and a dollop of herb cream cheese, topped with fresh basil.

LOADED FRIES

Potato chips topped with crispy bacon and cheddar cheese sauce. R75

Potato chips topped with curry gravy and melted cheddar cheese. R75

Potato chips topped with fresh chilli, cheddar cheese sauce and parmesan cheese shavings. R75





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

HAMBURGERS

Choose between chicken or beef. Served with chips or sweet potato chips, topped with crispy onion rings.

UPSIZE YOUR BURGER TO A 250G PATTY FOR R30 EXTRA.

PLAIN JANE R80
150g patty drizzled with barbecue mayonnaise.

THE FIERY ONE R150
250g patty stuffed with cheddar cheese and chilli, drizzled with spicy mayonnaise.

HAWAIIAN R110
150g patty topped with crispy bacon, pineapple and sliced jalapeño, drizzled with barbecue mayonnaise.

MEXICAN R110
150g patty topped with cheddar cheese, spicy nacho chips, sliced jalapeño, smashed avocado and salsa.

CHEESY BACON R110
150g patty topped with cheddar cheese and crispy bacon, drizzled with barbecue mayonnaise.

VEGETARIAN R90
Large brown mushroom grilled in garlic butter and mozzarella cheese, drizzled with barbecue mayonnaise.

CHEDDARMELT R120
150g patty topped with cheddarmelt and mushroom sauce.

TIKKA R110
Chicken tikka breast topped with tzatziki.

SCHNITZEL R120
Deep-fried chicken schnitzel, mozzarella cheese, sliced jalapeño and spicy tomato chilli chutney.

THE BACH R110
150g patty topped with biltong bits, sliced avocado and deep-fried halloumi, drizzled with chive mayonnaise.

THE FAB R110
150g patty topped with crispy bacon, sliced avocado and feta cheese, drizzled with basil pesto mayonnaise.

HUNTERS R110
150g patty topped with crispy bacon, cheddar cheese and monkeygland sauce.

TOASTED TORTILLA WRAPS

White tortilla wrap stuffed with a filling of your choice and served with chips or sweet potato chips and a seasonal side salad.

SEARED BEEF R110
Seared fillet steak strips, caramelised onions, emmenthal cheese, jalapeño slices and rocket, drizzled with barbecue mayonnaise.

CRISPY CHICKEN R110
Deep-fried chicken strips, sliced avocado, peppadews and feta cheese, drizzled with basil pesto mayonnaise.

SWEET AND SOUR CHICKEN R110
Sweet and sour chicken strips, grilled peppers and spicy pineapple chunks.

CRISPY CALAMARI R110
Deep-fried calamari, sliced avocado, feta cheese and capers, drizzled with seafood mayonnaise.

CHEESY MUSHROOM R110
Deep-fried halloumi cheese, sautéed mushrooms, grilled peppers and olives, drizzled with spicy mayonnaise.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

STARTERS

CHEESY GARLIC ROLL R40

A fresh Portuguese roll brushed with garlic butter, stuffed with cheese then baked.

CRUMBED MUSHROOMS R70

Crispy deep-fried mushrooms, served with tartar sauce and a wedge of lemon.

SLOW MUSHROOM R100

A large brown mushroom topped with six garlic snails and mozzarella cheese, slow baked in the oven, served with soft bread.

RISSOLES R70

Deep-fried rissoles filled with cheese and chilli, served with a sticky dipping sauce.

CAMEMBERT CHEESE WHEEL R120

A herb infused baked camembert cheese wheel, topped with crispy bacon bits, cranberries and a dollop of sweet fig jam, served with garlic toast.

CRISPY CAMEMBERT CHEESE R100

Deep-fried camembert cheese wedges, crispy bacon bits, avocado chunks and cranberries on a bed of mixed greens, topped with a dollop of sweet fig jam.

CRISPY HALLOUMI CHEESE R80

Deep-fried halloumi cheese slices on a bed of mixed greens, served with tartar sauce.

PERI-PERI CHICKEN LIVERS R80

Chicken livers in a rich and creamy peri-peri sauce, served with thin slices of toast.

CALAMARI R90

Deep-fried or grilled calamari on a bed of mixed greens, served with tartar sauce.

OVEN-BAKED GARLIC SNAILS R90

Six snails baked in the oven with garlic butter, creamy cheddar or blue cheese sauce, served with soft bread.

OVEN-BAKED PRAWNS R120

Six prawns baked in the oven with garlic butter, spicy cajun, creamy cheddar or blue cheese sauce, served with soft bread.

SMOKED SALMON R90

Sliced smoked salmon on a bed of mixed greens, topped with a dollop of herb cream cheese.

CREAMY MUSSEL POT R90

Six creamy garlic mussels, served with soft bread.

SALADS

FRENCH R80

Tomatoes, fresh peppers, cucumber and onion on a bed of mixed greens, served with herb dressing.

GREEK R90

Tomatoes, cucumber, onion, green pepper, feta cheese, olives and a sprinkle of roasted seeds, served with herb dressing.

FAN FAVOURITE R110

Biltong, sliced avocado and grilled halloumi cheese on a bed of mixed salad, served with herb dressing.

SEARED BEEF R110

Searred fillet steak strips, emmenthal cheese, caramelised onions and sliced jalapeño on a bed of mixed salad, topped with crispy croutons.

ROAST CHICKEN R105

Roast chicken, crispy bacon bits, sliced avocado, feta cheese and peppadews on a bed of mixed salad, served with herb dressing.

SEAFOOD R135

Grilled prawns, mussels and calamari, sliced smoked salmon and feta cheese on a bed of mixed salad, served with herb dressing.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

PIZZAS

FOCACCIA

Garlic and herb. R70
Mozzarella cheese and caramelised onion. R80

VEGETARIAN R130

Pizza sauce, garlic, roast peppers, mushrooms, olives, feta and mozzarella cheese.

MARGARITA R100

Pizza sauce, garlic and mozzarella cheese.

COLORE R130

Pizza sauce, garlic, crispy bacon, sliced avocado, feta and mozzarella cheese.

HOT POLLO R130

Pizza sauce, garlic, peri-peri roast chicken, mushrooms, peppers and mozzarella cheese.

HAWAIIAN R130

Pizza sauce, garlic, ham, pineapple and mozzarella cheese.

MEZZALUNA R130

Pizza sauce, garlic, ham, mushroom and mozzarella cheese.

NATAL R130

Pizza sauce, garlic, crispy bacon, banana slices and mozzarella cheese.

ENEZIANA R130

Pizza sauce, garlic, barbecue roast chicken, peppadews, caramelised onions, feta and mozzarella cheese.

TIKKA R130

Pizza sauce, garlic, chicken tikka strips, peppers, caramelised onion and mozzarella cheese.

CON CARPACCIO R140

Pizza sauce, garlic, barbecue fillet steak strips, mushrooms, caramelised onions and mozzarella cheese.

BILTONG R140

Pizza sauce, garlic, biltong, sliced avocado, peppadews, feta and mozzarella cheese.

MARINARA R150

Pizza sauce, garlic, prawns, calamari, mussels, smoked salmon slices and mozzarella cheese.

NAPOLITANA R130

Garlic, capers, anchovies, olives, fresh chilli and mozzarella cheese, topped with slices of tomato.

PREGO STEAK R140

Pizza sauce, garlic, peri-peri fillet strips, caramelised onions, sliced jalapeño and mozzarella cheese.

PASTA

SPAGHETTI NOPELLETO R110

Italian tomato sauce.

VEGETARIAN RAVIOLI R140

Ravioli filled with spinach and feta cheese, tossed in a napolitana sauce.

VEGETARIAN LINGUINE R140

Olive oil, garlic, mushrooms, roast peppers, olives and feta cheese, tossed in a napolitana sauce.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

PASTA

SPAGHETTI BOLOGNAISE R130

Savoury beef mince, tomato, garlic and fresh herbs.

BEEF RAVIOLI R140

Ravioli filled with savoury beef mince, tossed in a napolitana sauce.

LASAGNE R140

Layers of lasagne, savoury beef mince, tomato, garlic, béchamel sauce and fresh herbs, topped with mozzarella cheese.

TAGLIATELLE FASCULU R150

Peppered fillet steak strips, onion and mushrooms, tossed in a creamy sauce.

TAGLIATELLE AL FREDO R140

Roast chicken, ham and mushrooms, tossed in a creamy sauce.

LINGUINE ROAST CHICKEN R140

Roast chicken, feta cheese and peppadews, tossed in a napolitana sauce, topped with sliced avocado and fresh basil.

TAGLIATELLE BUTTER CHICKEN R130

Butter chicken tossed in a creamy sauce.

TAGLIATELLE SEAFOOD R160

MARINARA

Prawns, mussels, calamari and sliced smoked salmon, tossed in a napolitana or creamy sauce.

LINGUINE DICASA R150

Olive oil, garlic, fresh chilli and prawns, tossed in a napolitana sauce.

LINGUINE SMOKED SALMON R150

Sliced smoked salmon and feta cheese, tossed in a creamy caper and dill sauce.

MAIN COURSES

All main courses served with two of the following sides: chips, savoury rice, seasonal vegetables or salad.

CHICKEN AND PORK

CHICKEN SCHNITZEL R140

Crumbed and deep-fried chicken breast, served with a sauce of your choice.

CHICKEN CORDON BLEU R160

Chicken breast stuffed with ham and cheese, crumbed and deep-fried, served with a sauce of your choice.

HALF CHICKEN R130

Slow oven-roasted and then grilled in a lemon and herb, barbecue or peri-peri basting.

WIENER SCHNITZEL R150

Crumbed and deep-fried pork fillet, served with a sauce of your choice.

PORK CORDON BLEU R160

Pork fillet stuffed with ham and cheese, crumbed and deep-fried, served with a sauce of your choice.

PICATTA MARSALA R160

Pork fillet strips pan fried with onions and mushrooms in a creamy Marsala sauce.

PORK RIBS R200

Grilled barbecue pork ribs.

PORK CHOPS R130

Two deep-fried or grilled pork chops.

PORK RIBEYE R180

Served with a mushroom and masala sauce.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

ON THE GRILL

RUMP STEAK

200g	R160
300g	R180

FILLET STEAK

200g	R180
300g	R200

SIRLOIN STEAK

300g	R180
------	------

RIBEYE STEAK

300g	R180
------	------

T-BONE STEAK

600g	R200
------	------

LAMB CHOPS

Three loin lamb chops.	R180
------------------------	------

MIXED GRILL

One lamb chop, boerewors, 200g rump steak and a fried egg.	R200
--	------

STEAK SPECIALTIES

THE FATTENED FOWL RIBEYE R200

300g ribeye steak topped with prawns, sliced chorizo sausage, napolitana sauce, wild rocket and parmesan cheese shavings.

THURSDAY FILLET

Fillet steak cooked in a legendary garlic, butter, lemon and fresh chilli sauce.

200g	R190
300g	R220

HUNTERS SIRLOIN

R220

300g sirloin steak topped with crispy bacon, melted cheddar cheese and monkeygland sauce.

BLACK BEAST FILLET

Peppered fillet steak flambéed in brandy and enriched with a garlic, rosemary and lemon butter.

200g	R190
300g	R220

RUMP ALA GRECHE

Rump steak topped with a large brown mushroom, garlic, rosemary and feta cheese.

200g	R200
300g	R220

PORTUGUESE SIRLOIN

R220

300g sirloin steak topped with peri-peri chicken livers and a fried egg.

CHEESY PRAWN FILLET

Fillet steak topped with prawns in a cheesy garlic sauce.

200g	R230
300g	R250

RUMP SCHNITZEL

Deep-fried rump steak served with a sauce of your choice.

200g	R200
300g	R210

COMBOS

Rump steak and prawns.	R250
------------------------	------

Rump steak and calamari.	R220
--------------------------	------

Fillet steak and mussels.	R230
---------------------------	------

Chicken and prawns.	R220
---------------------	------

Ribs and chicken.	R200
-------------------	------

Ribs and calamari.	R200
--------------------	------

Peri-peri chicken livers and calamari.	R190
--	------





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

SEAFOOD

HAKE R150
Grilled or deep-fried hake fillet, served with tartar sauce.

CRISPY CALAMARI RINGS R150
Deep-fried calamari rings, served with tartar sauce.

FALKLAND CALAMARI TUBES R180
Pan fried Falkland calamari tubes in a garlic and lemon butter.

GRILLED PRAWNS
Grilled prawns in a garlic and lemon or peri-peri butter.
Six R180
Twelve R250

SCAMPI
Deep-fried prawns in a plain or spicy batter, served with tartar sauce.
Six R170
Twelve R250

CREAMY MUSSEL POT R150
Twelve mussels in a creamy garlic sauce.

HAKE THERMIDORE R220
Grilled hake smothered in a creamy thermidore sauce.

SEAFOOD COMBOS

CALAMARI THREE WAYS R190
Grilled calamari tubes, deep-fried calamari rings and crispy squid heads.

Hake and prawns. R220
Hake and mussels. R200
Hake and calamari. R190
Hake, calamari and prawns. R250
Prawns and calamari. R190
Prawns, calamari and mussels. R250
Prawns, calamari, mussels and hake. R300

CURRIES

Served with rice, a roti and sambals.

Beef curry. R130
Prawn curry. R190
Chicken and prawn curry. R170
Butter chicken. R130

SIDES

Green salad. R60
Chips. R55
Sweet potato chips. R60
Roasted seasonal vegetables. R55
Savoury rice. R50
Crispy onion rings. R55
Baked potato with butter and sour cream. R50

SAUCES

Pepper. R50
Cheese. R50
Mushroom. R50
Chilli. R50
Monkeygland. R50
Oyster. R50
Blue cheese. R50
Garlic. R50





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

DESSERTS

Served with vanilla ice cream or fresh cream.

CHOCOLATE BROWNIE R65

A rich and decadent brownie with a fudgy chocolate centre.

APPLE CRUMBLE R65

Sweet crumb pastry base topped with stewed apples, raisins and spices, covered with a streusel crumble and baked until golden brown.

LEMON CHEESECAKE R65

Tart, yet sweet lemon cheesecake made with whirls of lemon curd and layered over a golden gingerbread crumble base topped with a delicious lemon fruit glaze.

RED VELVET CAKE R65

Dense layers of deep red velvet sponge, filled with decadent cream cheese icing topped with velvety crumbs and fine chocolate shavings.

CHOCOLATE VOLCANO R65

A rich chocolate soufflé made with the finest chocolate and an oozing centre.

MALVA PUDDING R65

Cape Malay pudding made the traditional way, using real butter, fresh cream, apricot jam and a rich sticky toffee sauce.

WAFFLES

Served with vanilla ice cream or fresh cream.

ORIGINAL R65

A crisp waffle drizzled with syrup.

CHOC CHIP R75

A crisp waffle stuffed with chocolate chips, drizzled with rich chocolate sauce.

BAR ONE BANANA R80

A crisp waffle topped with chunks of bar one and banana slices, drizzled with rich chocolate sauce.

CHOCOLATE BROWNIE R80

A crisp waffle stuffed with chocolate chips, topped with decadent brownie pieces and oreo biscuits, drizzled with rich chocolate sauce.

ROCKY ROAD R75

A crisp waffle topped with chocolate shavings, marshmallows, biscuit bits, nut sprinkles and cherries.

APPLE CRUMBLE R80

A crisp waffle topped with chunks of apple crumble pie.

DRINKS

HOT DRINKS

Coffee R25

Cappuccino R30

Milo R40

Hot chocolate R40

Whiskey or Kahlua Irish coffee R60

Tea R20

Ceylon, Rooibos, Earl Grey, Chai or Green.

MILKSHAKES R55

Vanilla, strawberry, chocolate, banana, lime, bubblegum, coffee, salted caramel or milo.

DOM PEDRO R60

Amarula or Kahlua.

