



BANHOEK CONSERVANCY TOUR



Adventure Cycling

This incredible ride has some of Stellenbosch's finest flowing singletracks and challenging climbs. A steep cycle up Botmaskop gets you to the start of the Banhoek conservancy. The reward is breathtaking views of Table Mountain and Lion's Head on one side, and Banhoek and Franschhoek on the other.

TOUR ROUTE STAGES:

1. A tough and steep climb up Botmaskop
2. A descent down Botmaskop and up the Goddess trail
3. Final climb up Botmaskop to the start of the Banhoek Conservancy
4. Descent from the beacon into the Banhoek berms
5. A ride through the Banhoek Valley and a gradual climb up the Niknaks trail
6. Descent into the Banhoek Valley down the Cape Cobra trail and a final climb up the Elevator trail
7. Return to Casa with a final climb up Helshoogte pass and through Idas Valley singletracks



SKILL LEVEL

INTERMEDIATE
TO ADVANCED



TOTAL RIDE

45KMS & 1000M
OF CLIMBING



RIDE TIME

3 - 4 HOURS



BANHOEK