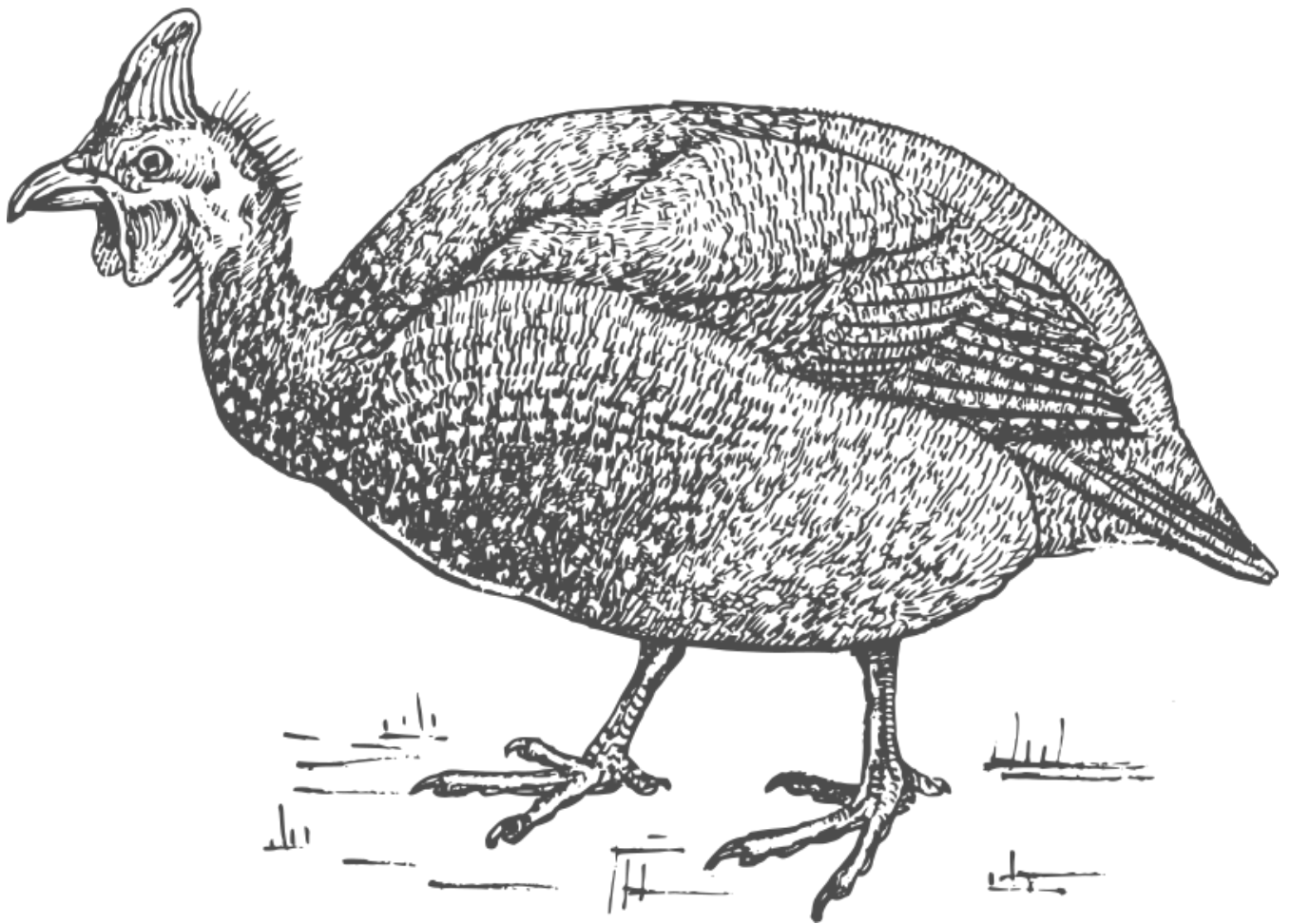


THE FATTENED FOWL

NOODSBERG COUNTRY CLUB



WELCOME TO THE FATTENED FOWL

FROM FARM TO TABLE



We are honoured to have
you as our guest.
We hope that you enjoy your
dining experience with us.
Bon Appétit!

Allergen statement -

These menu items may contain or come into contact with
wheat, eggs, nuts, dairy and seafood.
Please advise us on your food allergies.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

BREAKFASTS

Choose from the following options of bread: white, brown, rye or sourdough.

LIGHT BREAKFAST R80

Crispy bacon, two fried or scrambled eggs, sautéed tomato and onion, served with toast.

FULL BREAKFAST R100

Crispy bacon, two fried or scrambled eggs, one pork sausage, sautéed tomato, onion and mushrooms, served with toast and chips.

VEGETARIAN BREAKFAST R100

Grilled halloumi cheese, two poached eggs, balsamic roasted tomato, sautéed mushrooms and a dollop of herb cream cheese, served with toast and chips.

HANGOVER BREKKIE R130

Crispy bacon, two fried or scrambled eggs, one pork sausage, rump steak strips topped with mushroom sauce, sautéed tomato and crispy onions, served with toast and chips.

DAGWOOD R110

Beef hamburger patty topped with tomato chilli jam, crispy bacon, one fried egg, sautéed onion and melted cheddar cheese, toasted with your bread of choice and served with chips.

OMELETTES

FATTENED FOWL FAVOURITE R110

Three egg creamy omelette filled with crispy bacon, cheddar cheese and sautéed tomato, onion and mushrooms, served with toast.

SMOKED SALMON R120

Three egg creamy omelette filled with smoked salmon, sliced avocado, herb cream cheese and fresh basil, served with toast.

VEGETARIAN R110

Three egg creamy omelette filled with cheddar cheese, tomato, sautéed mushrooms, sprinkled with parmesan cheese shavings, served with toast.

TOASTED TREATS

Choose from the following options of bread: white, brown, rye or sourdough.
Served with chips or sweet potato chips.

Jalapeno and parmesan crusted toasted sandwich filled with crispy bacon and cheddar cheese. R100

Ham, cheddar cheese, tomato and a smear of mustard toasted sandwich. R70

Barbecue roast chicken mayonnaise toasted sandwich. R80

Seared fillet steak, cheddar cheese, caramelised onion and tomato chilli jam toasted sandwich. R80

Potato chips, cheddar cheese and curry gravy toasted sandwich. R70

Crispy bacon, fried egg and caramelised onion toasted sandwich. R70

Chicken tikka toasted sandwich. R70





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

LIGHT MEALS

Served with chips or sweet potato chips and a seasonal salad.

STEAK, EGG AND CHIPS R150

200g rump steak topped with a fried egg, served with crispy onion rings.

CHICKEN WINGS R150

Six chicken wings, grilled or deep-fried, served with a spicy mayonnaise.

SPICY CALAMARI R120

Deep-fried peri-peri calamari rings, served with tartar sauce.

BARBECUE RIBS R120

300g barbecue marinated pork ribs.

PREGO STEAK PANINI R110

Grilled prego steak medallions and sautéed onions on a toasted panini.

HAKE R130

Grilled or deep-fried hake, served with tartar sauce.

OPEN SANDWICHES

Choose from the following options of bread: rye, sourdough or panini.

Served with chips or sweet potato chips, topped with seasonal salad.

SEARED BEEF R110

Seared spicy fillet steak strips, caramelised onion, tomato chilli jam and emmenthal cheese, drizzled with herb mayonnaise and topped with fresh rocket.

ROAST CHICKEN R110

Classic roast chicken, sliced avocado, feta cheese and peppadews, drizzled with herb mayonnaise and a dollop of basil pesto.

CAMEMBERT CHEESE R110

Crispy bacon, deep-fried camembert cheese, avocado chunks, cranberries and a smear of fig jam, topped with fresh rocket.

SMOKED SALMON R110

Smoked salmon, grilled halloumi cheese, sliced avocado and a dollop of herb cream cheese, topped with fresh basil.

LOADED FRIES

Potato chips topped with crispy bacon and cheddar cheese sauce. R90

Potato chips topped with curry gravy and melted cheddar cheese. R90

Potato chips topped with fresh chilli, cheddar cheese sauce and parmesan cheese shavings. R90





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

HAMBURGERS

Choose between chicken or beef. Served with chips or sweet potato chips, topped with crispy onion rings.

UPSIZE YOUR BURGER TO A DOUBLE PATTY FOR R30 EXTRA.

BREAKFAST BURGER R130

150g patty topped with crispy bacon, cheddar cheese and a fried egg, drizzled with barbecue mayonnaise.

PLAIN JANE R90

150g patty drizzled with barbecue mayonnaise.

THE FIERY ONE R120

150g patty topped with cheddar cheese and chilli, drizzled with spicy mayonnaise.

HAWAIIAN R120

150g patty topped with crispy bacon, pineapple and sliced jalapeño, drizzled with barbecue mayonnaise.

MEXICAN R120

150g patty topped with cheddar cheese, spicy nacho chips, sliced jalapeño, smashed avocado and salsa.

CHEESY BACON R120

150g patty topped with cheddar cheese and crispy bacon, drizzled with barbecue mayonnaise.

VEGETARIAN R100

Large brown mushroom grilled in garlic butter and mozzarella cheese, drizzled with barbecue mayonnaise.

CHEDDARMELT R130

150g patty topped with cheddarmelt and mushroom sauce.

TIKKA R120

Chicken tikka breast topped with tzatziki.

SCHNITZEL R130

Deep-fried chicken schnitzel, mozzarella cheese, sliced jalapeño and spicy tomato chilli chutney.

THE BACH R120

150g patty topped with biltong bits, sliced avocado and deep-fried halloumi, drizzled with chive mayonnaise.

THE FAB R120

150g patty topped with crispy bacon, sliced avocado and feta cheese, drizzled with basil pesto mayonnaise.

HUNTERS R120

150g patty topped with crispy bacon, cheddar cheese and monkeygland sauce.

TOASTED TORTILLA WRAPS

White tortilla wrap stuffed with a filling of your choice and served with chips or sweet potato chips and a seasonal side salad.

SEARED BEEF R120

Seared fillet steak strips, caramelised onions, emmenthal cheese, jalapeño slices and rocket, drizzled with barbecue mayonnaise.

CRISPY CHICKEN R120

Deep-fried chicken strips, sliced avocado, peppadews and feta cheese, drizzled with basil pesto mayonnaise.

SWEET AND SOUR CHICKEN R120

Sweet and sour chicken strips, grilled peppers and spicy pineapple chunks.

CRISPY CALAMARI R120

Deep-fried calamari, sliced avocado, feta cheese and capers, drizzled with seafood mayonnaise.

CHEESY MUSHROOM R120

Deep-fried halloumi cheese, sautéed mushrooms, grilled peppers and olives, drizzled with spicy mayonnaise.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

STARTERS

CHEESY GARLIC ROLL R50

A fresh Portuguese roll brushed with garlic butter, stuffed with cheese then baked.

CRUMBED MUSHROOMS R80

Crispy deep-fried mushrooms, served with tartar sauce and a wedge of lemon.

SLOW MUSHROOM R110

A large brown mushroom topped with six garlic snails and mozzarella cheese, slow baked in the oven, served with soft bread.

RISSOLES R80

Deep-fried rissoles filled with cheese and chilli, served with a sticky dipping sauce.

CAMEMBERT CHEESE WHEEL R130

A herb infused baked camembert cheese wheel, topped with crispy bacon bits, cranberries and a dollop of sweet fig jam, served with garlic toast.

CRISPY CAMEMBERT CHEESE R110

Deep-fried camembert cheese wedges, crispy bacon bits, avocado chunks and cranberries on a bed of mixed greens, topped with a dollop of sweet fig jam.

CRISPY HALLOUMI CHEESE R90

Deep-fried halloumi cheese slices on a bed of mixed greens, served with tartar sauce.

PERI-PERI CHICKEN LIVERS R90

Chicken livers in a rich and creamy peri-peri sauce, served with thin slices of toast.

CALAMARI R100

Deep-fried or grilled calamari on a bed of mixed greens, served with tartar sauce.

OVEN-BAKED GARLIC SNAILS R90

Six snails baked in the oven with garlic butter, creamy cheddar or blue cheese sauce, served with soft bread.

OVEN-BAKED PRAWNS R130

Six prawns baked in the oven with garlic butter, spicy cajun, creamy cheddar or blue cheese sauce, served with soft bread.

SMOKED SALMON R100

Sliced smoked salmon on a bed of mixed greens, topped with a dollop of herb cream cheese.

CREAMY MUSSEL POT R90

Six creamy garlic mussels, served with soft bread.

SALADS

FRENCH R80

Tomatoes, fresh peppers, cucumber and onion on a bed of mixed greens, served with herb dressing.

GREEK R90

Tomatoes, cucumber, onion, green pepper, feta cheese, olives and a sprinkle of roasted seeds, served with herb dressing.

FAN FAVOURITE R120

Biltong, sliced avocado and grilled halloumi cheese on a bed of mixed salad, served with herb dressing.

SEARED BEEF R120

Searred fillet steak strips, emmenthal cheese, caramelised onions and sliced jalapeño on a bed of mixed salad, topped with crispy croutons.

ROAST CHICKEN R120

Roast chicken, crispy bacon bits, sliced avocado, feta cheese and peppadews on a bed of mixed salad, served with herb dressing.

SEAFOOD R145

Grilled prawns, mussels and calamari, sliced smoked salmon and feta cheese on a bed of mixed salad, served with herb dressing.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

PIZZAS

FOCACCIA

Garlic and herb. R80
Mozzarella cheese and caramelised onion. R90

VEGETARIAN R140

Pizza sauce, garlic, roast peppers, mushrooms, olives, feta and mozzarella cheese.

MARGARITA R110

Pizza sauce, garlic and mozzarella cheese.

COLORE R140

Pizza sauce, garlic, crispy bacon, sliced avocado, feta and mozzarella cheese.

HOT POLLO R140

Pizza sauce, garlic, peri-peri roast chicken, mushrooms, peppers and mozzarella cheese.

HAWAIIAN R140

Pizza sauce, garlic, ham, pineapple and mozzarella cheese.

MEZZALUNA R140

Pizza sauce, garlic, ham, mushroom and mozzarella cheese.

NATAL R140

Pizza sauce, garlic, crispy bacon, banana slices and mozzarella cheese.

VENEZIANA R140

Pizza sauce, garlic, barbecue roast chicken, peppadews, caramelised onions, feta and mozzarella cheese.

TIKKA R140

Pizza sauce, garlic, chicken tikka strips, peppers, caramelised onion and mozzarella cheese.

CON CARPACCIO R150

Pizza sauce, garlic, barbecue fillet steak strips, mushrooms, caramelised onions and mozzarella cheese.

BILTONG R150

Pizza sauce, garlic, biltong, sliced avocado, peppadews, feta and mozzarella cheese.

MARINARA R160

Pizza sauce, garlic, prawns, calamari, mussels, smoked salmon slices and mozzarella cheese.

NAPOLITANA R140

Garlic, capers, anchovies, olives, fresh chilli and mozzarella cheese, topped with slices of tomato.

PREGO STEAK R150

Pizza sauce, garlic, peri-peri fillet strips, caramelised onions, sliced jalapeño and mozzarella cheese.

PASTA

SPAGHETTI NOPELLETO R120

Italian tomato sauce.

VEGETARIAN LINGUINE R150

Olive oil, garlic, mushrooms, roast peppers, olives and feta cheese, tossed in a napolitana sauce.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

PASTA

SPAGHETTI BOLOGNAISE R140

Savoury beef mince, tomato, garlic and fresh herbs.

LASAGNE R150

Layers of lasagne, savoury beef mince, tomato, garlic, béchamel sauce and fresh herbs, topped with mozzarella cheese.

TAGLIATELLE FASCULU R160

Peppered fillet steak strips, onion and mushrooms, tossed in a creamy sauce.

TAGLIATELLE AL FREDO R150

Roast chicken, ham and mushrooms, tossed in a creamy sauce.

LINGUINE ROAST CHICKEN R150

Roast chicken, feta cheese and peppadews, tossed in a napolitana sauce, topped with sliced avocado and fresh basil.

TAGLIATELLE BUTTER CHICKEN R140

Butter chicken tossed in a creamy sauce.

PRAWN LINGUINE R160

8 juicy prawns cooked in olive oil, lemon juice and garlic, topped with fresh chilli.

TAGLIATELLE SEAFOOD MARINARA R170

Prawns, mussels, calamari and sliced smoked salmon, tossed in a napolitana or creamy sauce.

LINGUINE DICASA R160

Olive oil, garlic, fresh chilli and prawns, tossed in a napolitana sauce.

LINGUINE SMOKED SALMON R160

Sliced smoked salmon and feta cheese, tossed in a creamy caper and dill sauce.

MAIN COURSES

All main courses served with two of the following sides: chips, savoury rice, seasonal vegetables or salad.

CHICKEN AND PORK

CHICKEN SCHNITZEL R150

Crumbed and deep-fried chicken breast, served with a sauce of your choice.

CHICKEN CORDON BLEU R170

Chicken breast stuffed with ham and cheese, crumbed and deep-fried, served with a sauce of your choice.

HALF CHICKEN R140

Slow oven-roasted and then grilled in a lemon and herb, barbecue or peri-peri basting.

WIENER SCHNITZEL R160

Crumbed and deep-fried pork fillet, served with a sauce of your choice.

PORK CORDON BLEU R170

Pork fillet stuffed with ham and cheese, crumbed and deep-fried, served with a sauce of your choice.

PICATTA MARSALA R170

Pork fillet strips pan fried with onions and mushrooms in a creamy Marsala sauce.

PORK RIBS R210

Grilled barbecue pork ribs.

PORK CHOPS R140

Two deep-fried or grilled pork chops.





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

ON THE GRILL

RUMP STEAK

200g R180

300g R210

FILLET STEAK

200g R200

300g R230

SIRLOIN STEAK

300g R220

RIBEYE STEAK

300g R200

T-BONE STEAK

600g R230

LAMB CHOPS

Three loin lamb chops. R200

MIXED GRILL

R230
One lamb chop, boerewors, 200g rump steak and a fried egg.

STEAK SPECIALTIES

THE FATTENED FOWL RIBEYE R220

300g ribeye steak topped with prawns, sliced chorizo sausage, napolitana sauce, wild rocket and parmesan cheese shavings.

THURSDAY FILLET

Fillet steak cooked in a legendary garlic, butter, lemon and fresh chilli sauce.

200g R220

300g R240

HUNTERS SIRLOIN

R240

300g sirloin steak topped with crispy bacon, melted cheddar cheese and monkeygland sauce.

BLACK BEAST FILLET

Peppered fillet steak flambéed in brandy and enriched with a garlic, rosemary and lemon butter.

200g R210

300g R230

RUMP ALA GRECHE

Rump steak topped with a large brown mushroom, garlic, rosemary and feta cheese.

300g R240

PORTUGUESE SIRLOIN

R240

300g sirloin steak topped with peri-peri chicken livers and a fried egg.

CHEESY PRAWN FILLET

Fillet steak topped with prawns in a cheesy garlic sauce.

200g R250

300g R270

RUMP SCHNITZEL

Deep-fried rump steak served with a sauce of your choice.

200g R220

300g R230

COMBOS

Rump steak and prawns. R270

Rump steak and calamari. R240

Fillet steak and mussels. R250

Chicken and prawns. R240

Ribs and chicken. R220

Ribs and calamari. R220

Peri-peri chicken livers and calamari. R210





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

SEAFOOD

HAKE R160
Grilled or deep-fried hake fillet, served with tartar sauce.

CRISPY CALAMARI RINGS R160
Deep-fried calamari rings, served with tartar sauce.

FALKLAND CALAMARI TUBES R170
Pan fried Falkland calamari tubes in a garlic and lemon butter.

GRILLED PRAWNS
Grilled prawns in a garlic and lemon or peri-peri butter.
Six R170
Twelve R240

SCAMPI
Deep-fried prawns in a plain or spicy batter, served with tartar sauce.
Six R180
Twelve R260

CREAMY MUSSEL POT R150
Mussels in a creamy garlic sauce.

HAKE THERMIDORE R230
Grilled hake smothered in a creamy thermidore sauce.

SEAFOOD COMBOS

CALAMARI THREE WAYS R200
Grilled calamari tubes, deep-fried calamari rings and crispy squid heads.

Hake and prawns. R230
Hake and mussels. R230
Hake and calamari. R200
Hake, calamari and prawns. R260
Prawns and calamari. R200
Prawns, calamari and mussels. R260
Prawns, calamari, mussels and hake. R310

CURRIES

Served with rice, a roti and sambals.

Beef curry. R140
Prawn curry. R220
Chicken and prawn curry. R180
Butter chicken. R140

SIDES

Green salad. R70
Chips. R60
Sweet potato chips. R70
Roasted seasonal vegetables. R60
Savoury rice. R50
Crispy onion rings. R60
Baked potato with butter and sour cream. R50

SAUCES

Pepper. R50
Cheese. R50
Mushroom. R50
Chilli. R50
Monkeygland. R50
Oyster. R50
Blue cheese. R50
Garlic. R50





THE FATTENED FOWL

NOODSBERG COUNTRY CLUB

DESSERTS

Served with vanilla ice cream or fresh cream.

CHOCOLATE BROWNIE R70

A rich and decadent brownie with a fudgy chocolate centre.

APPLE CRUMBLE R70

Sweet crumb pastry base topped with stewed apples, raisins and spices, covered with a streusel crumble and baked until golden brown.

LEMON CHEESECAKE R70

Tart, yet sweet lemon cheesecake made with whirls of lemon curd and layered over a golden gingerbread crumble base topped with a delicious lemon fruit glaze.

RED VELVET CAKE R70

Dense layers of deep red velvet sponge, filled with decadent cream cheese icing topped with velvety crumbs and fine chocolate shavings.

CHOCOLATE VOLCANO R70

A rich chocolate soufflé made with the finest chocolate and an oozing centre.

MALVA PUDDING R70

Cape Malay pudding made the traditional way, using real butter, fresh cream, apricot jam and a rich sticky toffee sauce.

WAFFLES

Served with vanilla ice cream or fresh cream.

ORIGINAL R70

A crisp waffle drizzled with syrup.

CHOC CHIP R80

A crisp waffle stuffed with chocolate chips, drizzled with rich chocolate sauce.

BAR ONE BANANA R80

A crisp waffle topped with chunks of bar one and banana slices, drizzled with rich chocolate sauce.

CHOCOLATE BROWNIE R85

A crisp waffle stuffed with chocolate chips, topped with decadent brownie pieces and oreo biscuits, drizzled with rich chocolate sauce.

ROCKY ROAD R80

A crisp waffle topped with chocolate shavings, marshmallows, biscuit bits, nut sprinkles and cherries.

APPLE CRUMBLE R80

A crisp waffle topped with chunks of apple crumble pie.

DRINKS

HOT DRINKS

Coffee R25

Cappuccino R30

Milo R50

Hot chocolate R40

Whiskey or Kahlua Irish coffee R60

Tea R20

Ceylon, Rooibos, Earl Grey, Chai or Green.

MILKSHAKES R60

Vanilla, strawberry, chocolate, banana, lime, bubblegum, coffee, salted caramel or milo.

DOM PEDRO R70

Amarula or Kahlua.

